

# **Rochester Day Makers Kiwanis Club**

Tues 9:00 A.M. at Rochester Elks Lodge 1091 Building, 1652 US Hwy 52, Rochester MN 55901

See Day Makers on the web at: http://www.kiwanisrochester.org See MN-DAK District Site at: http://www.mndak-kiwanis.org

# Newsletter for **April 2023**

Minnekotan for this month is available at: http://www.mndak-kiwanis.org/Page/1014



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President Linda Rouhoff Imm. Past Pres. Herb Erickson Pres. Elect Janet Cederholm 1st Vice Pres. Becky Hopson Secretary/Treasurer Jack Zierdt

**DIRECTORS** (3 yr terms) Jim Decker 2023 Dave Bhaskaran 2024 2024 Garry Post 2025 Bruce Keller 2025 Larry Scilley

Pres.Advisor: Web/Newsletter: Dick Odell Asst Sec./Treas: Jim Decker

Kathy Davis

#### **Chairs & Meeting Dates**

Membership Jim Schwinghammer Jim Cook Program Youth Services Helen Kolb, Ken Reding Community Services Rick Johnson Human & Spiritual Ruth Vrieze Early Childhood Dev Linda Rouhoff Operations/Fund Raising Jim Schwinghammer **Board Meeting** Linda Rouhoff Strategic Planning Jim Cook

3<sup>rd</sup> Thursday 9am 1st Tuesday, 10:15am 4th Tuesday

3<sup>rd</sup> Tuesday, 8:30 am 3<sup>nd</sup> Tuesday, 10am 4th Tuesday

1st Tuesday 2<sup>nd</sup> Tuesday, 10am

# **Program Schedule:**

Historian: Bruce Keller

Interclub: Herb Erickson

# ... Special Notice ...

Four meetings in April are at 9am at the Elk's. In-Person/Zoom meetings weekly ,see details on page 2.

4/04 Hawthorne Helps, Sandy MacLaughlin, Carolyn Heyne

4/11 UofM Extension: Gardening for Kids, Seniors, Lisa Dierks, Linda Rouhoff

4/18 Public Library - Connections and Community, Kimberly Edson, Herb Erickson

4/25 Canoeing, kayak, paddleboarding: Where to go, rent info, Jeff Pilgrim, Carolyn Heyne

Food for Kidz: April 1<sup>st</sup>, Stewartville Center

#### Food For Kidz www.foodforkidz.org

Make a Difference, Starting Today. Together with our partners, we host approximately 150 events around the United States to pack roughly 10 million meals for the needy children around the corner and around the world. Second. Nationwide food packing events help change the world.

## Who We Are

That's why Food for Kidz is interested in reaching a hand...

### **President's Corner:**

Welcome April! We Kiwanians will begin the month in Stewartville packing meals for Food for Kids on our annual One Day of special united service.

Our March meetings were filled with interesting programs. Kimberly Edson from the Public Library discussed book banning, which we were relieved to hear is not an issue in Rochester. Jamie Bingner shared the special activities provided for young patients at Ronald McDonald House. We were especially interested in the use of therapy animals. Dan Fifield gave us an update on the Landing, the daytime refuge of many of Rochester's homeless adults. We were so moved by his visit, we decided to donate a \$100 Kwik 'Trip card to the Landing. In his thank you card, Dan indicated the gift would be used to purchase milk as they go through 24 gallons a week! We learned about the workings of our aging brains from Sue Nieland, who reassured us we can enhance our memories, we are NOT too old to learn, and there are many ways to stimulate our brains and even grow new brain cells. She is willing to come back to tell us about the SAIL program, (Stay Active and Independent for Life) which focuses on improving strength, balance and fitness, key strategies which are necessary for healthy brains.

We celebrated Pi Day (3/14) with 2 members winning pies. Herb continues to keep us laughing with his stories, and we celebrated and commiserated with results of the Sweet 16. Continued on page  $3 \rightarrow$ 

# **April Birthdays**

05 Larry Segar 11 Becky Hopson

### **April Anniversaries:**

- 29 Carolyn and George Heyne
- 29 Sue and Rick Johnson

April 2023 1 **Treasurer's Summary:** April 2023

Accounts Balance 03/11/2023

 Administrative Account
 \$ 2,894.31

 Service Account
 \$ 9,759.95

 Charitable Account
 \$ 10,841.50

 \$ 23,495.76

**Total Membership** 47

as of March 27, 2023

**"K" Dollars Total 22-23 Kiwanis Year** as of 03/27/2023 \$1,192.00

**Day Makers ZOOM Meetings:** 

Time: Apr 4, 2023 09:00 AM

 $\frac{https://us02web.zoom.us/j/85129086413?pwd=VUtQeW}{pLRmdNO211Mk9OVUNDem9ZUT09}$ 

Meeting ID: 851 2908 6413

Passcode: goblue

Time: Apr 11, 2023 09:00 AM

https://us02web.zoom.us/j/84929136869?pwd=ZFZiY3RqR2MyNW9GSGNweGNYaHNkdz09

Meeting ID: 849 2913 6869

Passcode: goblue

Time: Apr 18, 2023 09:00 AM

https://us02web.zoom.us/j/81179097765?pwd=UWxwNnNtMVk3eEpPTGMrdlo0ZTN0UT09

Meeting ID: 811 7909 7765

Passcode: goblue

Time: Apr 25, 2023 09:00 AM

https://us02web.zoom.us/j/84918960252?pwd=TnlCb2hwbTB1eWRab3NZWmhOdWtjUT09

Meeting ID: 849 1896 0252

Passcode: goblue

**Dave Bhaskaran** 

**Kiwanis Clubs of Rochester:** Visitors

Here is a picture Kiwanis club members from Sun Risers, Golden K and Rochester Kiwanis Club.



They presented at our Feb 28th meeting where they told what was happening in their clubs

**Kathy Davis** 

**Kiwanis Service Leadership:** Opportunities

Developing "Leadership Skills" starts with support of our SLP clubs and does include our own club members as we prepare to enhance our club's programs and membership.

Here are 3 of the best ways to develop our club leadership skills within our club members. Attend one or more of the following Kiwanis events:

**Local Level:** Food for Kids - 04/01/2023

Stewartville, MN

District Level: MN-Dak Convention-08/04th - 06th

St Cloud, MN

**International Level: Kiwanis International** 

Convention: - 06/21<sup>st</sup> thru 06/24<sup>th</sup> Minneapolis, MN

Dick Odell

# **Riverside Elementary K-Kids:**

On March 14<sup>th</sup>, the Riverside Elementary School K-Kids held a bingo night for students and parents. The K-Kids were in charge of serving free juice and popcorn to everyone.



Some of them are shown here with the Riverside teacher, Mrs Peterson, who is in charge of the K-Kids club.

#### Helen Kolb

# **MN-Dak Kiwanis District Newsletters:**

Keep in touch and know who our new District / Division officers are or have been in the past.
MN-Dak District Leadership Directories by year.
https://mndak-kiwanis.org/Page/1018

**Dick Odell** 

# President's Corner: (Continued from page 1)

We continue to be concerned about getting new members. There is a plan to meet with folks from other clubs to discuss this and fund-raising ideas. We did have one meeting with Sherry from Sun Risers who informed us about fund-raising possibilities with the Rochester Honkers, Little Caesars, the Twins and the Wild. We also talked about ways to raise community awareness of Kiwanis. One suggestion was to make a large Kiwanis banner to display whenever we are active in the community, such as outside the community center when we do Food for Kids, at the Hockey Festival, and wherever we sell Rochester Fest buttons.

We have amazing opportunities for Kiwanis education and networking this summer with the International Conference being held in Minneapolis in June and the District convention in St. Cloud in August. Because of the proximity I encourage all Kiwanians to consider attending, especially those interested in being our leaders. I have attended the last two international conferences virtually and the district ones in person. Each gave me many ideas for service as well as connections to many other Kiwanians who have been eager to help and are really nice, fun people to be with!

Those of us who are delegates representing you at the International convention will be asking for your input on a proposed amendment to adjust the dues amount. Our board will discuss the impact of this raise in dues, then present the information to you for your input.. We have two months to discuss this locally

Greg and the PR committee are nearing completion of our new website and are looking into the use of Facebook and other social sites to increase our visibility, while making it easy for us members to easily find any needed information. Look forward to hearing from this group soon!

Continued next column →

### **President's Corner:**

I want to express my appreciation here to all our tireless committee chairs, as well as our members who faithfully set up and take down the trappings of our group, prepare certificates for our speakers, and start each meeting with a rousing song. Thank you Dave, Jim, Jim, Eric, Rick, Jim, Helen, Garry, George, Carolyn, Greg, Dick, Larry, and, of course Jack who keeps us all on track! We have such a great bunch of humans in our club!

### Linda Rouhoff. President

**BOD Meeting Minutes:** From page 5

**Program:** We are full through March and the first meeting of April, but we still need programs for the remainder of April and May!!!

**Public Relations:** Greg reported that he will be having a committee meeting next Tuesday (03/21) following our regular meeting. The committee is working on a new web site.

Youth Services: Helen Kolb reported that the Riverside K-kids helped with Bingo night. The meeting was adjourned at 11:00 AM!

Jack Zierdt, Secretary/Treasurer

**Food for Kids:** Stewartville (2023pics)

Many thanks to all the greater Rochester area Kiwanis clubs for their financial and labor support for this very important Service project. A 110,808 meals were packaged during the day. These meals will be sent to Uganda by the Food for KIDZ organization.

A special thanks to the Kiwanis Club of Stewartville for their continued leadership role in pulling everything together to "make it happen."



Mary Brouillard, Randy Schmidt, Dick Odell

Food for Kidz: Stewartville Food Pack
Ingredients arrive ... fun begins



Johnson's arrive early ...



Let us show you start ...



Decker team starts them young ...



Truck is unloaded and waiting to be refilled ...



Charlie Graham team ...



Girls have quick hands for loading...



Boy Scouts do also ...



Past MNDak Gov – Dave Harms



Dave and Janet Bhaskaran stayed for clean-up...



# **Board of Directors Meeting:** March 14, 2023

The Board meeting was called to order at 10:05 AM

**Board Members/Committee Chairs Present:** Jack Zierdt, Jim Decker, Rick Johnson, Dave Bhaskaran, Linda Rouhoff, Herb Erickson, Helen Kolb, Jim Schwinghammer, Larry Scilley, Garry Post, Janet Cederholm, Becky Hopson, Bruce Keller, Ken Reding, and Greg Hain.

**Board Members/Committee Chairs Absent** Ruth Vrieze and Jim Cook.

Other Day Makers, Members Present, Kathy Davis, Sue Johnson, Dave Alexander, and Judy Zierdt.

**Approval of Agenda:** It was moved by Jim Decker and seconded by Herb Erickson to approve the agenda with added items. **Approved** 

**Approval of Minutes of Previous Meeting:** Herb Erickson moved, and Bruce Keller seconded to approve the minutes from the February 14, 2023, Board Meeting.

# **Motion was Approved**

<u>Treasurer's Report as of January 31, 2023:</u> The printed report was sent out to all board members preceding the meeting. Herb Erickson moved, and Garry Post seconded the motion to accept the report. **Motion was Approved.** 

# **OLD BUSINESS:**

Reminder of the upcoming Kiwanis International Convention in Minneapolis June 22<sup>nd</sup> through 24<sup>th</sup> was made. Linda mentioned that she would be attending. It was mentioned that it could be watched virtually. It was, also, announced that the MNDAK District Convention will be held in St. Cloud, MN August 4<sup>th</sup> through 6<sup>th</sup> 2023.

Comment was made by Jack that if you could only attend one Convention it should be the District Convention.

# **OTHER BUSINESS:**

Jim Decker announced that the second quarter audit of the Administrative and Service accounts for the 2022-2023 Kiwanis year (January – March) will be done by himself, Dave Bhaskaran and Jack Zierdt on Tuesday April 18<sup>th</sup> following our regular meeting.

A discussion was held regarding Rochester Service Clubs Collaboration was held. Some of the comments were that a collective venture is being considered. An exchange of ideas of how we make Rochester better by our services. A meeting will be held the first week of April. It was mentioned that being involved with doing interclub visits with other Kiwanis Clubs is a good way to exchange ideas. Garry Post raised some thoughts and concerns regarding the development of a new Day Makers Web Site.

Continued next column →

# **BOD Meeting:** continued

Some of the thoughts were: What's the objective of the Web Site; Who are we marketing to; Why are we having a Web Site; What is the cost; Does KI set up the Web Site design? It was mentioned that the KI model is a standard design model.

Herb raised some concern about our setup for meetings. He was wondering if it was necessary to set up all our banners for each meeting and if it was causing a problem for the setup group. Final consensus was to leave it as we are presently doing.

# **NEW BUSINESS:**

Jack Zierdt moved, and Dave Bhaskaran seconded the motion to purchase 2 dozen new T-shirts for our Riverside K-kids club. **Motion was Approved!** Helen Kolb will order the shirts from Superior Screening of Rochester.

Helen Kolb moved, and Dave Bhaskaran seconded the motion that the Day Makers Kiwanis Club donate a \$100 KWIK Trip Grocery Card to the Landing of Rochester. **Motion was Approved!** Linda will take the card to the Landing.

A nominating committee of Kathy Davis, Herb Erickson and Jack Zierdt was appointed to find candidates for our Day Makers officers for the 2023-2024 Kiwanis Year. A 1<sup>st</sup> Vice President and 2<sup>nd</sup> Vice President will be needed along with confirming the present officers moving up and being candidates for offices. The nominations will be done so that announcements can be made three times before our elections in May.

# **COMMITTEE REPORTS:**

<u>Community Service:</u> Rick stated that he will have a signup sheet for the Litter Bit Better service activity for the week of April 22nd.

<u>Early Childhood Committee</u>: Linda reported that the SMIF Books will be taken to the schools in May. Help will be needed.

# Membership Committee and Operations/Fund

Raising: Jim stated that we would have a Membership Committee meeting on the 3<sup>rd</sup> Thursday of March at 9:00 AM for Breakfast at Charlies. Under Operations and Fund-Raising Jim Decker asked that a separate Fund-Raising committee meeting be scheduled soon. **Strategic Planning:** Need to bring in some new

Strategic Planning: Need to bring in some new members.

**<u>Human and Spiritual:</u>** Judy is handling the cards during Ruth's absence.

See page  $3 \rightarrow$