



Rochester Day Makers Kiwanis Club

Tues 9:00 A.M. at Rochester Elks Lodge 1091 Building,
1652 US Hwy 52, Rochester MN 55901

See Day Makers on the web at: <http://www.kiwanisrochester.org>
See MN-DAK District Site at: <http://www.mndak-kiwanis.org>

Newsletter for August 2018

Minnekotan for this month is available at:
<http://www.mndak-kiwanis.org/Page/1014>

**LEARN TO READ
READ TO LEARN**



SCHOOL START 8/27

OFFICERS

President	Shar Hain
Imm. Past Pres.	Nowicki/Zierdt
Pres. Elect	Jim Schwinghammer
1 st Vice Pres.	Steve Panetta
Secretary/Treasurer	Dick Lundberg

DIRECTORS (3 yr terms)

Kathy Davis	2018
Gene Mullenbach	2018
George Heyne	2019
Larry Segar	2019
Jim Decker	2020

Chairs & Meeting Dates

Membership	Jim Schwinghammer	3 rd Thursday 9am
Program	Steve Panetta	1 st Tuesday, 10:15am
Youth Services	Kathy Davis	4 th Tuesday
Community Services	Helen Kolb, Rick Johnson	3 rd Tuesday, 8:30 am
Human & Spiritual	Ruth Vrieze	3 rd Tuesday, 10am
Early Childhood Dev	Larry Scillely, Dick Vrieze	4 th Tuesday
Operations/Fund Raising	Bob Nowicki/Jack Zierdt	1 st Tuesday
Board Meeting	Shar Hain	2 nd Tuesday, 10am
Strategic Planning	Jim Cook	1 st Tuesday, 10am

Historian: Bruce Keller	Pres.Advisor: Jack Zierdt/Bob Nowicki
Interclub: Roger Olson	Web/Newsletter: Dick Odell
Asst Sec./Treas: Jim Decker	

Program Schedule:

08/07 Kiwanis Focus Meeting, Club Mmb, Shar Hain
08/14 PEARL Mayo Coronary Angiography Study, Jacob Jentzer, M.D., Ella VanLaningham; also **MNDak Convention Thoughts**, Jack Zierdt
08/21 RSD Update, Michael Munoz, Bill Schneider
08/28 Mayoral Lookback, Ardell Brede, Carolyn Heyne

Dates to Remember:

Aug 10 – 12th - Kiwanis MN-Dak District Conference, Willmar, MN – Diapers, please if you are not attending.
Aug 16th – Membership Committee, Perkins South
<http://www.kiwanisrochester.org/PerkinsCoupon.jpg>
Aug 27th – Rochester Schools Start
Be generous with your service and \$\$s.

Kiwanis Children's Fund:

Kids Need Kiwanis. Gifts to the Children's Fund
Learn more at:
<http://www2.kiwanis.org/childrensfund/news/foundation/2017/07/19/talking-about-the-kiwanis-children-s-fund-new-resources#.WXttnWyovs0>

August Birthdays:

6	Herb Erickson	25	Bob Lahtinen
15	Pat Horlocker	28	Bruce Jawer
18	Larry Scillely		

President' Corner:

Where has our summer gone? Guess they are right when they say summer is our shortest season of the year!! Thank you and Congratulations to Jim Decker for the great job you did with the Rochesterfest buttons sales. Thank you to everyone who had a part in this years Rochesterfest. Your commitment to our community makes me proud to be a Kiwanis Day Maker.

Back to school is just around the corner for our Rochester youth. A sad statistic is that many of our youth will start the school year without all their required supplies. That is where you as a Day Maker come in. We have backpacks to fill!! Paper, pencils, crayons, colored pencils, erasers etc are needed to fill each backpack. The easiest part of this is you don't even have to shop if you would prefer not to, give your cash donation to Jack, Richard or myself and we will see that the supplies are purchased for you.

Do you or anyone you know have books that have been read and are just waiting for a new set of eyes to look at them? Well, bring them in to our next Kiwanis meeting and we'll see that those books make it to the MN – DAK convention in August. Where they can then be purchased as part of a fund raiser. All book proceeds will go to Eliminate. This year's convention will have lots of exciting and informative forums. Updates will follow.

Just as at last year's convention the request for diapers has been given. We have a lot of diapers to buy to fill that one-ton pickup that will be making its way to Wilmar!

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August Anniversaries:

13	Judy & Rick Lien
20	Jack & Judy Zierdt
23	Dave & Helen Truxal

Secretary/Treasurer's Report – 07/10/2018

Bank Balance 6/30/2018:	\$16,749.62
Bike Repair Fund:	\$ 46.10
Charitable Account	\$ 4,966.49
Administrative Fund:	\$ 5,782.85
Service Fund:	\$ 5,954.18

June Service Hour Statistics: 819 hours by 38 members, 62% Participation.

July Board Meeting Summary

Herberger's is going out of business and our long time, twice a year fundraiser goes with them. Our 2017/2018 Service Account budget has income of \$1,850 allocated to this fundraiser. The Operations Committee will need to replace this Service Account income for the 2018/2019 Kiwanis year. This item is being pursued.

The board passed a motion to purchase 14 tee shirts, for \$200 or less total, for members of the Riverside School K-Kids.

Next year will our clubs 25th anniversary, (July 26, 2019). An Ad Hoc committee of Shar Hain, Richard Lundberg, Bob Nowicki, and Jack Zierdt will begin making plans for a celebration. A line item will be included, in the 2018/2019 budget, for expenses. Bob Nowicki will update our club's history. A venue will be reserved soon.

The board needs to appoint a member, or members, to oversee our clubs participation in the Kiwanis Charitable and Educational Corp. of Rochester, MN. Bob Lahtinen has been serving in this capacity.

The board discussed whether our club should participate in the Friday Food Backpack Program at one of the public schools. The cost involved would be \$90 for 24 backpacks. The food comes from Channel One. The board passed a motion **that** the club buy, from Happy Bucks, 24 backpacks, from Kiwanis International.

The board approved the list of officers and other positions for the 2018/2019 Kiwanis year.

It was brought up that some of our members are not aware of the basics of Kiwanis.

Continued next column →

Secy/Treas Report: (Continued)

COMMITTEE REPORTS

Community Service- Summer season is quiet. The committee will meet next week. There is a new coordinator at the Gage site, the committee will look into this.

Early Childhood Development- The books for the next school year are here, and will be delivered in September.

Membership- Shorewood has been contacted. A group from our club will go there to introduce Kiwanis to them. We are thinking of using our table placards there. The Rochester Public Library is willing to put Kiwanis bookmarks into books that are sold at the Friends of the Library Bookstore.

Operations/Social Media/Web Site/Fund Raising- A July club meeting program will be devoted to future fund raising during the 2018/2019 Kiwanis year which begins October 1. The clubs website will remain as is for now.

Program- Programs are booked through September with the exception of September 4th. Our clubs Annual Banquet, with installation of officers, will be held at Willow Creek Country Club.

Youth Services- Edie Schultz is stepping down at Harriet Bishop School. No replacement has been named to date.

Richard E. Lundberg, Secretary

Tips and Tools – to tell the Kiwanis Story:

This should be required reading of every Kiwanis member that is part of the Membership or Public Relations committees and club officers.

It is concise and tells you how to put together a compelling presentation to prospective members or press relations like Newspaper, TV and Radio personalities.

I especially like the “do’s and don’ts” of working with media reporters.

http://www.kiwanis.org/docs/default-source/training/kiwanis-brand-campaign/pr-tips-tools?_zs=6pPge1&_zl=tQA25

Presentation also includes suggested branding and image guidelines and formats, etc.

Dick Odell

Rochester School Starts: Aug 27, 2018



<http://rochester.k12.mn.us/cms/One.aspx?portalId=3083753&pageId=33708911>

Are you ready to re-energizing our SLPs....?

Are our (Kiwanis SLP) meetings on the school calendars?

Does Century HS Key Club website reference that Kiwanis Day Makers offer 2 college scholarships at year end?

Dick Odell

Kiwanis MN-DAK District Convention: Aug 10-12

Bring Diapers to the Aug 7th club meeting ...for the Convention. I will haul them in truck.

The District Convention is one of the most fun, educational and lowest cost Kiwanis meetings members and spouses are able to attend in KI.

Learn the KI and District Leadership directions and get to know our officers. You get to meet other club leaders and learn how other clubs “get things done”. There is fun entertainment and a really great feature speaker. Lots of “workshops” to develop new ideas and improve your leadership skills.

Check out the details and book your reservation by logging on the following: <http://www.mndak-kiwanis.org/Page/1010>

Dick Odell

Ducky Day Care in Northern MN:



Today;s humor from **Santa Dave**

Volunteering Makes A Difference: Membership Topic

A book worth reading, for all of us, is a book titled “The Aging Brain - Proven Steps to Prevent Dementia and Sharpen Your Mind” by Dr. Timothy Jennings.

In the book, he references a study done by Oxford University that found: “**Older adults who regularly volunteer in their communities live longer, have less illness, disability, and dementia, and stay out of nursing homes longer than those who did not volunteer.**”

Richard Lundberg

From Jan 2018 Day Makers Newsletter.....

This is from the **AARP Bulletin Newsletter** dated December 2017, the theme is “Boost Your Brain Power:”. The whole issue is focused on Dementia and Alzheimer’s risks and avoiding the problems as we age.

All 40+ pages were interesting, however on Page 22 the article called “**6 Ways to Regain Your Focus**” seemed to be especially useful for our membership drive.

#6 Volunteer – When older adults volunteered in the Baltimore Experience Corp – a program in which retirees serve as *mentors for children* – **it not only stopped age-related shrinking of the brain, but some brains grew slightly in size**, according to research from the John Hopkins Bloomberg School of Public Health in Baltimore.

This is what we do in many ways and who knew it was good for us also!

Richard Odell

Presidents Corner: (Continued from page 1)

Once again, those secret shoppers are offering their services!! Your cash donations for diapers can be given to Jack, Richard or myself.

We still have many of the summer volunteer opportunities available be sure to check the table for these and any new opportunities.

Thank you for all you do for your community

Sincerely,
Shar Hain, President 2017-2018