



Rochester Day Makers Kiwanis Club

Tues 9:00 A.M. at Rochester Elks Lodge 1091 Building,
1652 US Hwy 52, Rochester MN 55901

See Day Makers on the web at: <http://www.kiwanisrochester.org>
See MN-DAK District Site at: <http://www.mndak-kiwanis.org>

Newsletter for January 2018

Minnekotan for this month is available at:
<http://www.mndak-kiwanis.org/Page/1014>

KIWANIS BOOK



READING PROGRAMS

OFFICERS

President Shar Hain
Imm. Past Pres. Nowicki/Zierdt
Pres. Elect Jim Schwinghammer
1st Vice Pres. Steve Panetta
Secretary/Treasurer Dick Lundberg

DIRECTORS (3 yr terms)

Kathy Davis 2018
Gene Mullenbach 2018
George Heyne 2019
Larry Segar 2019
Jim Decker 2020

Chairs & Meeting Dates

Membership Program	Jim Schwinghammer	3 rd Thursday 9am
Youth Services	Steve Panetta	1 st Tuesday, 10:15am
Community Services	Kathy Davis	4 th Tuesday
Human & Spiritual	Helen Kolb, Rick Johnson	3 rd Tuesday, 8:30 am
Early Childhood Dev	Ruth Vrieze	3 rd Tuesday, 10am
Operations/Fund Raising	Larry Scilley, Dick Vrieze	4 th Tuesday
Board Meeting	Bob Nowicki/Jack Zierdt	1 st Tuesday
Strategic Planning	Shar Hain	2 nd Tuesday, 10am
	Jim Cook	1 st Tuesday, 10am

Historian: Bruce Keller
Interclub: Roger Olson
Asst Sec./Treas: Jim Decker
Pres. Advisor: Jack Zierdt/Bob Nowicki
Web/Newsletter: Dick Odell

Program Schedule:

Jan 02 Woodworking and the Barefoot Santa, Bob Nowicki , Steve Panetta

Jan 09 Mayo Bio Bank, Dr Elizabeth Bell, Larry Segar

Jan 16 Kiwanis Update

Jan 23 Stories of a Radiation Safety Officer, Dick Vetter, Ella V

Jan 30 MN Adult and Teen Challenge Center, Director Tim Truszinski. Jim Cook

Dates to Remember:

Jan 2nd - Kiwanis Day Makers Meeting, Elks Club

Jan 21st – Membership Committee, Perkins South
<http://www.kiwanisrochester.org/PerkinsCoupon.jpg>

Be generous with your service and \$\$s.

Kiwanis Children's Fund:

Kids need Kiwanis. Gifts to the Children's Fund

Learn more at:

<http://www2.kiwanis.org/childrensfund/news/foundation/2017/07/19/talking-about-the-kiwanis-children's-fund-new-resources#.WXttnWyovs0>

January Birthdays:

4	Steve Panetta	20	Jean Dunn
8	Jim Decker	21	Jim Schwinghammer
8	Dave Truxal	22	Wayne Harvey
11	Rick Johnson	22	Ella VanLaningham

President' Corner:

This one of my favorite times of the year. I love all the festivities of the season, the baking, the shopping the lights, the music, family and friends all gathering to celebrate; the baby in the manger and of course children also love the man in his red suit! He with the help of his elves make the holiday brighter for many children. Have you ever thought of yourself as an elf, Santa's helper, one who is part of a global organization who wants to improve one child and one community at a time? Well, no matter how you put it, Day Makers are a shining example of that statement. December is such a busy time for each of us personally and, yet you took time to volunteer in so many once of the of the year needs of our community. Many of these will be featured in other parts of newsletter.

I am proud to be a Day Maker, prouder even more of each one of you for your generosity of time and money this past month.

I want to say safe travels to those Day Makers who are traveling to warmer climate these next few months. Don't forget about us that didn't get to a chance to leave this wonderful Minnesota winter. Send us a post card!

Congratulations to Kathy Davis for the wonderful acknowledgement she received for her outstanding commitment to her community.

Our hearts and prayers go out to the families of our fellow Kiwanians who have past way recently.

Shar Hain
President 2017-2018

January Anniversaries:

None

Secretary/Treasurer's Report – 12/12/2017

Bank Balance 11/30/2017:	\$8,988.08
Bike Repair Fund:	\$ 84.21
Charitable Account	\$3,293.58
Administrative Fund:	\$1,036.68
Service Fund:	\$4,573.61

Members on Leave: Don Cain, Ron King, Sara King

November Service Hour Statistics: 597 hours by 36 members, 62% Participation.

November Board Meeting Summary

The board approved a motion to provide Christ United Methodist Church a \$100 gift for providing the space for our annual Christmas party.

COMMITTEE REPORTS

Community Service- Committee will meet next Tuesday. Saturday Noon Meals is scheduled for Saturday February 17th, Sign-ups in New Year. Taxes and Hockey Tournament are underway.

Early Childhood Development- Reading at Riverside School is scheduled on December 20th. Sara Erickson is the contact at Pinewood School for reading volunteers.

Human & Spiritual Values- We had a good response for Salvation Army Bell Ringing. The committee is looking for someone to backup Ruth Vrieze on sending cards to members who are unable to attend meetings regularly.

Membership- The committee is looking at some new ideas to recruit members. Encourage members to bring guests, Tent cards in restaurants advertising our club, do cold calls to businesses. The committee will check with Kiwanis International on Corporate Memberships.

Operations/Social Media/Web Site/Fund Raising- Pizza Ranch Fund Raiser is scheduled for November 5, 2018. Front end on our Web Site is being pursued. The committee is looking into Facebook, and hope to have it implemented in January 2018.

Program- Working on Christmas Party Planning.

Youth Services- Riverside School reading is scheduled on 12/20.

Richard Lundberg, Secy/Treasurer

Monthly Children's Fund Newsletter:



Check it out and subscribe

<https://mail.aol.com/webmail-std/en-us/suite?lang=en&locale=US>

Dick Odell

Kiwanis Hockey Festival's 25th Year:

Check out the 2017 Kiwanis Hockey Festival website at: <http://kiwanisrochester.org/hockey>



Bob Nowicki handled our public relations KTTC-TV. Rochester Post-Bulletin newspaper provided wonderful hockey festival coverage for 4 days. Thanks PB!

Rochester Mayo won the Gold Division Varsity 1st Place.

Thanks to all the Kiwanians that helped to make this great service and fund raising project a success.

We also look forward to having our Rochester Hockey Festival featured in a coming issue of KI Magazine.

Dick Odell

Kiwanis Defining Statement:

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.



**Kiwanis Day Makers / Golden K
Christmas Anonymous 2017**

Once again our club along with the Golden K and with support of some outside help provided the logistical support for Christmas Anonymous, and much appreciated thanks to all who helped. Here is a summary of our efforts:

- 542 families were served by Christmas Anonymous, (this included approx. 1600 children aged 1 to 18) and 295 seniors receiving food baskets
- Collected food clothing and toys from 16 grade schools
- Loaded food (4,828 lbs.), delivered and assisted in senior food packing
- Assisted with KTTC Toy Drive
- Moved 93 8 ft. tables from Graham Arena to Christ United Methodist Church and returned same, and 16 8ft tables donated by CUMC to storage.
- Moved all clothing, toys, racking, etc. from storage to CUMC
- Moved 3,000 lbs. of apples
- Unloaded 36,328 lbs. of food for families
- Moved 225 bikes to CUMC from storage
- Assisted on store day with cardboard breakdown, checkout, clean up etc.
- Returned all leftover items to storage.

This was accomplished by the transportation volunteers. Many other Day Maker volunteers worked in food packing, drop off contribution center, bike repair, used toys, store day support, escorts and other areas.

Total Hours for Transportation Area - approx. 170 hrs.
The Golden K would have had slightly more.

Rick Johnson



Dr Seuss – Cat in the Hat:



“I Read ... Therefore. I Know Things”

Rochester Mayor Honors Citizens:

One of our own (of 13) was honored by Mayor Ardele Brede at a Mayo Civic Center for their commitment and contributions to Rochester at the Mayor's Medal of Honor Awards luncheon on December 13th.

Community-Wide Service — Kathy Davis



For almost 50 years, Davis had been active in the Rochester area. She worked as an elementary school teacher for Rochester Public Schools for 36 years and after began a second career volunteering with a number of organizations in town as well as in her church. She worked at the Mayo Clinic St. Mary's gift shop and Mayo Clinic volunteer auxiliary organization and the Kiwanis club. She also served as the former chairwoman for Rochester Fest and Festival of Trees.

Congratulations to Kathy from all of her fellow Day Makers.

Other awardees were:

- Artistic/Cultural Achievement — John Sievers
- City Service — Jeff Urban
- Services To The Elderly — Kathy Dale
- Services To Those With Disabilities — Karlie Harguth
- Youth In Community — Yohan Alexander
- Human Services — Cathy Ashton
- Industry — Annie Henderson
- Schools/Education/Educator — Patrick Manansala
- Heroism — Matt Logan
- Legacy — Kim David
- Mayor's Award — Tom Truszinski

The detail article with specific accomplishments may be found at:

http://www.postbulletin.com/news/local/mayor-honors-for-contributions-to-the-city/article_530cbc67-7646-5f29-bd2b-63bd21caf07a.html

Dick Odell

Membership Thoughts:

This is from the **AARP Bulletin Newsletter** dated December 2017, the theme is “Boost Your Brain Power:.” The whole issue is focused on Dementia and Alzheimer’s risks and avoiding the problems as we age.

All 40+ pages were interesting, however on Page 22 the article called “**6 Ways to Regain Your Focus**” seemed especially useful for our membership drive.

The 6 ways were explained:

1. Grab a good novel
2. Play an instrument
3. Work in the morning
4. Learn a language
5. Chew gum
6. Volunteer

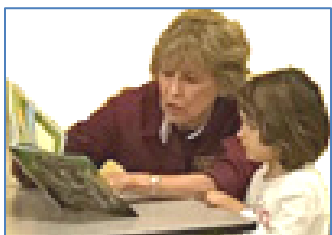
Number 3 and 6 should be part of our membership growth thinking, especially #6.

#6 Volunteer – When older adults volunteered in the Baltimore Experience Corp – a program in which retirees serve as *mentors for children* – it not only stopped age-related shrinking of the brain, but some brains grew slightly in size, according to research from the John Hopkins Bloomberg School of Public Health in Baltimore.

This is what we do in many ways and who knew it was good for us also!

Just another good reason to join Kiwanis and share our skills and love of children.

Kids Need Kiwanis



Dick Odell

Linkage to specific article:

Keep Your Mental Focus - Older Americans have superior attention spans; by Ken Budd, AARP Bulletin, December 2017

<https://www.aarp.org/health/brain-health/info-2017/mental-focus-smartphone-use.html>

Day Makers Christmas Party:

Come one Come all We had a great time.



Special guests Santa and Ms Claus.



Carols with chimes for entertainment and goodies.



And a good time was had by all.

Dick Odell