ELIMINATE

Kiwanis eliminating maternal/neonatal tetanus







5K Run/ Walk

Saturday, November 19, 2011

Snow or Shine

12:30 pm: Registration begins 1:30 pm: Program in Chapel 2 pm: Race/walk begins

\$1.80 can make a **BIG** difference by saving the life of a mother and her unborn child.





Over the river & thru the woods

Location: Ironwood Springs Christian Ranch

Entry Fee: \$15 includes a t-shirt (first 250 to register)

Awards:

The best Eliminate costume

Top 5 runners male (under 19), Top 5 runners male (over 19)

Top 5 runners female (under 19), Top 5 runners female (over 19)

Top life saver (most dollars raised) (under 19), Top life saver (over 19)



WAIVER: I know that running a trail race is a potentially hazardous activity, which could cause injury or death. I should not enter and run or walk unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including snow, traffic and the conditions of the trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Kiwanis, Ironwood Springs Christian Ranch, the Rochester Track Club, The Running Room and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant full permission to the sponsors and authorize them to use any photographs, videotapes, motion pictures, recordings, or any record of this event for legitimate purpose.

Signature of entrant (by parent or guardian if participant is under 18)

Date





From Rochester...

- 1. Take Highway 63 South to I-90
- 2. Go West on I-90 3 miles to the first exit which is #205 (County Road 6)
- 3. Turn right and go 2 miles. Look for the Ironwood entrance on the right.

From Austin...

- 1. Take Interstate 90 going east
- 2. Take exit 205 (County Road 6)
- 3. Turn left and go 2 miles. Look for the Ironwood entrance on the right.

From Winona...

- 1. Go West on \bar{l} -90 3 miles to the first exit which is #205 (County Road 6)
- 2. Turn right and go 2 miles. Look for the Ironwood entrance on the right.

From South of Stewartville...

- 1. Take 63 North into Stewartville
- 2. Turn left by the Caseys Gas Station (Cty Road 6)
- 3. Travel about 6-7 miles on Cty Rd 6
- 4. Look for the Ironwood entrance on the right.

QUESTIONS?

Diane Johnson: 507-287-0271 Dianejohnson12@gmail.com The Eliminate Project is Kiwanis International's global campaign to help eliminate maternal/neonatal tetanus from the face of the Earth. The fundraising campaign will raise US\$110 million for the project.

Quick facts

- 1 baby dies every 9 minutes from tetanus (9)
- 160 babies die each day from tetanus
- MNT has been eliminated from 20 countries since 2000
- 3 doses of tetanus vaccine = immunity from tetanus
- Woman + vaccine = protected baby
- \$1.80 protects 1 mother and her future children
- The Eliminate Project saves & protects 61 million moms & babies
- Elimination = <1 case of MNT per 1,000 live births

